



BODY TREATMENTS



LYMPH DRAINING MASSAGE

Specifically to treat cellulite, to improve lymphatic and venous circulation and to regain lightness. A gentle and slow massage, with light stroking and pumping movements that reactivate the lymphatic circulation with immediate results.

Duration: 50 min - €78.00

RELAXING MASSAGE

Traditional Swedish massage to relax and rebalance, performed slowly with kneading, stroking and rubbing motions.

Duration: 50 min - €79.00

SPORTS MASSAGE

Vigorous massage with intense action for the muscles. Done before sporting activity, it helps to increase performance. After training or sport, on the other hand, it works as a cool-down.

Duration: 50 min - €87.00

AROMATHERAPY WITH ESSENTIAL OILS

Relaxing and balancing massage of the bioenergetic centres.

Duration: 55 min - €87.00

Monsignor della Casa Country Resort & Spa

www.monsignordellacasa.com - booking@monsignore.com +39 055 84 08 21

Florence - Tuscany

OCEAN MASSAGE & PEELING

A full-body treatment with highly active marine principles that visibly reshapes the body contours and leaves you with an extraordinary sense of well-being. The effective and precious seaweed extracts used for the peeling, compress and massage oil are intensely detoxifying and purifying. The result: visibly and considerably refined and toned skin and a feeling of relaxation like you've just spent a few days at the beach.

Duration: 50 min - €87.00

AYURVEDIC TREATMENT

Performed with hot oil and with different types of manipulation (some deep and some superficial), this regenerates the body's tissues and reorders the functioning of internal organs.

Duration: 75 min - €125.00

FOOT REFLEXOLOGY

Performed with acupressure and manipulation, this removes toxins, improves blood circulation, normalises organ functions and relaxes the body and mind.

Duration: 50 min - €87.00

HOT STONE THERAPY

A flow of hot aromatic oil and the energetic power of volcanic stones make this ritual of ancient Indian traditions a unique experience. It balances the body and relaxes the mind.

Duration: 50 min - €87.00

GRAPE BODY SCRUB

Sauvignon exfoliation and grape butter massage. Deeply cleanses the skin. Regenerating and nourishing treatment.

Duration: 50 min - €87.00

BODY MASSAGE WITH OLIVE OIL

A purifying peeling with Tuscan olive oil and olive oil balm massage, for a regenerating and energising treatment.

Duration: 50 min - €87.00

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FACIAL TREATMENTS



ACTIVAGE

Activate the beauty of mature skin by offering a tailored skincare routine to women over 50. More elastic, smoother and well nourished, the skin radiates beauty.

Duration: 75 min - €105.00

LIFT EXPERT

Instantly tones and defines the contours of the face, plumps the skin and smoothes wrinkles, creating a more lifted and sculpted look, to reveal visibly younger looking skin. The natural lifting massage is relaxing and helps reduce stress, recover energy and restore body and mind.

Duration: 75 min - €95.00

LUMIN'ÉCLAT

This invigorating treatment frees the skin of impurities, minimising fine wrinkles and refining the skin. The skin is smoother and brighter, giving a fresh, radiant and youthful appearance.

Duration: 75 min - €85.00

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HYDRA GLOBAL

A bath of hydration and freshness. This new treatment increases hydration and gives an instant boost of freshness and energy. Reduction of dehydration wrinkles, radiant, fresh, luminous and plumped skin. Refreshing and energising treatment for the face that increases the overall feeling of well-being.

Duration: 60 min - €85.00

DETOX

Instant detoxifying action. A deep detoxification treatment, suitable for all skin types. This deep cleansing ritual, well tolerated by the skin, is done 100% by hand and combines highly effective, innovative products to eliminate impurities, unclog pores and promote cell renewal while preserving the integrity of the skin. An exclusive beauty regime that allows the skin to breathe again.

Duration: 30 min - €45.00

EYE TREATMENT

Bright, fresh and rested look. Treatment dedicated to the eye contour area, to reduce the signs of aging and fatigue. With proven exceptional results, thanks to 100% manual lymphatic drainage.

Duration: 45 min - €50.00